23rd Regional Conference of Dermatology
Surabaya 2018

Incorporating With
The 16th Annual Scientific Meeting
of the Indonesian Society of Dermatology and Venereology

Enhancing Evidence Based Dermatology Practice in Globalization Era

PARTICIPANT PROCEEDING BOOK

8-11 August 2018
Grand City Convex
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ONYCHOMYCOSIS IN RHEUMATOID ARTHRITIS PATIENT

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Abstract

Onychomycosis is a fungal infection of the nail, and considered as the most prevalent disorder of the nail. Generally, rheumatoid arthritis patients are treated with drugs that suppress the immune system (oral steroid). The decrease of immune system makes the increase susceptibility to viral, bacterial even dermatophytes infection. Treatment of these immunocompromised conditions is still a challenge for the clinician because it requires a lot of time, cost and low success. The effective and appropriate treatment would provide better outcomes. We report a case of onychomycosis in 64 years old man with rheumatoid arthritis who received oral steroid and treated with combination therapy of oral fluconazole and topical ciclopirox 8% nail lacquer. This combination therapy showed improvement after 5 weeks. The aim of this case report is to add better understanding of risk factor that cause a person more susceptible to get dermatophytes infection and the consideration of the choice of therapy.

Keywords: Onychomycosis, Rheumatoid Arthritis, TrichophytonMentagrophytes