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Neurocysticercosis cases identified at Sanglah Hospital, Bali, Indonesia from 2014 to 2018

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ABSTRACT

Neurocysticercosis (NCC) was first reported in the province of Bali, Indonesia in 1975. Since this time, sporadic cases have been reported annually. This study reports information on 29 NCC cases (20 males and 9 females) admitted to a referral hospital in Denpasar, Bali from 2014 until 2018. Twenty-four cases were from Bali, 2 were from the province of East Nusa Tenggara, and 3 were from the Democratic Republic of Timor-Leste. Mean patient age was 37.2 years and 69.0% (20/29) were male. Epileptic seizures were the most common clinical manifestation (65.5%, 19/29). Serology (ELISA) was used in 14 cases (48.2%, 14/29), but only 6 cases, including one case with an inactive calcified lesion, were positive (42.9%, 6/14). Two cases underwent surgical resection after their lesions were initially misdiagnosed as brain tumors. These hospital-based findings are discussed along with the present status of NCC in Bali.

1. Introduction

Neurocysticercosis (NCC) is a parasitic zoonosis often found in areas where meat inspection and sanitation practices are insufficient (Schantz et al., 1998). One endemic area is the Asia-Pacific region (Aung and Spelman, 2016; Ito and Budke, 2014; Ito et al., 2003, 2014, 2019; Rajshekhar et al., 2003; Singh et al., 2002; Sutisna et al., 2019; Wandra et al., 2015). As summarized by Ito et al. (2004, 2019) and Sutisna et al. (2019), NCC has been identified in Bali since 1928 (Le Coultre, 1928; Lie et al., 1955; Ngoerah, 1975) and in Papua, Indonesia since 1973 (Desowitz, 1981; Gajdusek 1978; Tumada and Margono, 1973; reviewed by Margono et al. (2001, 2006), Simanjuntak et al. (1997), Suroso et al. (2006) and Wandra et al. (2006).

Human taeniasis, caused by *T. solium,* is transmitted through eating uncooked or undercooked pork harboring *T. solium* cysticerci. Since the majority of the Indonesian population (87.18%) (Sutisna et al., 2019; Wandra et al., 2013) is Muslim, religious restrictions on the keeping of pigs and preparation and consumption of pork have limited the impact of *T. solium* in most of Indonesia. Exceptions include Papua where most of the local population is Christian and Bali where most of the local population is Hindu. Although *T. solium* is suspected of circulating in additional provinces, there has been only a single reported case of NCC in a 46-year-old man from Sumba in the province of East Nusa Tenggara (Sudewi et al., 2013) and unpublished serological screening data from Timor Leste (Reeve, 2010).

In Bali, a case of disseminated cysticercosis was confirmed in a local woman in 2001 (Margono et al., 2002). Additional sporadic NCC cases have been reported by Sudewi and Nuartha (1998a, 1988b, 1998c), Sudewi et al. (2008), Sutisna (1993), Swastika et al. (2012) and Wandra et al. (2011, 2016). More recent community-based studies (Ito et al., 2019; Sutisna et al., 2019) have confirmed *T. solium* transmission in focal areas along the northeastern slope of Mt. Agung in the Kubu and Abang subdistricts of Karangasem (Swastika et al., 2012, 2016, 2017). In these areas, the local people still consume uncooked pork and transmission of *T. solium* is actively maintained between tapeworm carriers and free-roaming pigs. This is in contrast to most areas in Bali, where consumption of undercooked pork is uncommon and pigs are

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reared indoors with no access to human feces (Sutisna et al., 2019). Since inhabitants of Karangasem are known to go to the local capital city of Denpasar to find work during the dry season, there is the risk that a tapeworm carrier from an endemic area will infect others in a non-endemic area (Wandra et al., 2016).

This paper reports 29 NCC cases identified at a referral hospital (Sanglah Hospital, Udayana University) in Denpasar, Bali from 2014 until 2018. These hospital cases are discussed along with recent epidemiological studies conducted in Bali (Sudewi et al., 2008; Sutisna et al., 2019; Swastika et al., 2012, 2016, 2017; Wandra et al., 2006, 2011, 2013, 2015, 2016).

2. Materials and methods

Medical record reviews were conducted for patients diagnosed with NCC at Sanglah Hospital from January 2014 through November 2018. Data on demographics, clinical manifestations, neuroimaging findings, serology, and lesion pathology were collected. If any of this information was not available in the medical records, there was an attempt to collect the information during the patient's next scheduled follow-up appointment. Complete patient travel histories were not available. A diagnosis of NCC was based on criteria established by Carpio et al. (2016) and Del Brutto et al. (2017). Seizures were classified according to the 1981 International League Against Epilepsy (ILAE) seizure classification (Anonymous, 1981). Neuroimaging results (head computed tomography (CT) scan and magnetic resonance imaging (MRI)) were interpreted by board-certified neuroradiologists. Serological examination by ELISA was carried out using partially purified low molecular weight (LMW) antigens (Sako et al., 2013). Descriptive data were evaluated using proportions or means (± standard deviation).

Patients were categorized based on whether or not they came from a *T. solium*-endemic area. For this purpose, an endemic area was defined as a region where active *T. solium* transmission (i.e., completion of the human-pig-human life cycle) and one or more cases of locally acquired *T. solium* cysticercosis in humans and/or pigs had been confirmed in the last 3 years. A village was considered endemic if one or more banjar (the smallest administrative unit) was endemic. A subdistrict was considered endemic if it contained one or more endemic village and a district was considered endemic if it contained one or more endemic subdistrict.

This study was approved by the Research Ethics Committee of the Faculty of Medicine, Udayana University, Bali, Indonesia (Number 123/UN.14.2/ KEP/2016, dated September 26, 2016).

3. Results

In total, 29 NCC cases were identified in 2014 (n = 9), 2015 (n = 6), 2016 (n = 6), 2017 (n = 5), and 2018 (n = 3) (Table 1). Of the 29 cases, 20 (69.0%) were male. Mean patient age was 37.2 ± 17.6 years (range: 13–79 years). Mean age in males and females was 36.3 ± 14.8 (range: 14–61 years) and 39.2 ± 23.6 (range: 13–79 years), respectively. The numbers of NCC cases with solitary and multiple lesions were 11 (8 males and 3 females) and 18 (12 males and 6 females), respectively. According to currently accepted NCC diagnostic criteria (Carpio et al., 2016), 15 patients (51.7%) were definitively diagnosed with parenchymal NCC, 10 patients (34.5%) were diagnosed with probable parenchymal NCC, 3 patients (10.3%) were definitively diagnosed with extra-parenchymal NCC, and one patient (3.4%) was definitively diagnosed with NCC with both parenchymal and extra-parenchymal (intraventricular) cysts. In comparison, when using the most recent version of Del Brutto et al. diagnostic criteria (Del Brutto et al., 2017), 58.6% (17/29) and 41.4% (12/29) of cases were diagnosed as definitive and probable NCC, respectively. Based on neuroimaging classification (Zhao et al., 2015), 60% (15/25) of patients with definitive or probable parenchymal NCC had active cyst stages. Serology (ELISA) was used in 14 cases (48.2%, 14/29), but only 6 cases

Table 1
Summarized data of 29 NCC cases confirmed at Sanglah Hospital 2014–2018 (NCC: neurocysticercosis, DCC: disseminated cysticercosis).

Year	Number of cases (sex)/Ethnicity (sex)	Diagnosed	Methods for examination	Main symptoms
2014	9 cases (5 M, 4F)/all Balinese	NCC	CT scan, MRI, Serology	Epileptic seizures, headaches
2015	6 cases (4 M, 2F)/3 Balinese (3 M)/3 from East Timor (1 M, 2F)	NCC	CT scan, MRI, Serology	Epileptic seizures, headaches
2016	6 cases (5 M, 1F)/5 Balinese (4 M, 1F)	NCC	CT scan, MRI, Serology	Epileptic seizures, headaches, Brun's syndrome, stroke like syndrome
	1 M from East Nusa Tenggara			
2017	5 cases (3 M, 2F)/4 Balinese (2 M, 2F)	4 NCC	CT scan, MRI, Serology, x ray (chest)	Epileptic seizures, headaches, hemiparesis, subcutaneous nodule
	1 M from East Nusa Tenggara	1 DCC		
2018	3 cases (3 M)/all Balinese	2 NCC	CT scan, MRI, Serology, x ray (chest, humerus, femur)	Epileptic seizures, headaches, hemiparesis
		1 DCC		

Table 2
Demographics, clinical manifestations, and diagnostic test results associated with 29 NCC patients treated at Sanglah Hospital, Bali during 2014–2018.

Characteristics	Number of patients (%)
Age (mean ± SD/year)	37.2 ± 17.6
Sex	
Male	20 (69.0)
Female	9 (31.0)
Region (district)	
Denpasar	10 (34.5)
Gianyar	5 (17.2)
Buleleng	5 (17.2)
Badung	3 (10.3)
Karangasem	1 (3.4)
Outside Bali	5 (17.2)
Clinical manifestations	
Seizure	19 (65.5)
General tonic clonic seizure	13 (68.4)
Simple partial seizure	2 (10.5)
Secondary generalized partial seizure	4 (21.1)
Headaches	5 (17.2)
Hemiparesis	3 (10.3)
Bruns syndrome	2 (6.9)
Tumor-like syndrome	5 (17.2)
Signs of increased intracranial pressure	3 (10.3)
Neuropshychiatric disorder	1 (3.5)
Neuroimaging modalities	
Head CT scan	16 (55.2)
Head MRI	9 (31.0)
Head CT scan and MRI	4 (13.8)
Number of lesions on neuroimaging	
Single	11(37.9)
Male	8 (72.7)
Female	3 (27.3)
Multiple	18 (62.1)
Male	12 (66.7)
Female	6 (33.3)
Neuroimaging classification according to Zhao et al.	
Intraparenchymal NCC	25 (86.2)
Vesicular (active)	5 (20.0)
Colloidal vesicular (active)	5 (20.0)
Granular nodular (active)	5 (20.0)
Nodular calcified (inactive)	10 (40.0)
Intraventricular NCC (active)	4 (13.8)
Other imaging findings for disseminated NCC (n = 2)	
Chest x-ray	1 (50.0)
Thigh x-ray (part of bone survey)	1 (50.0)
Serology (n = 14)	
Positive	6 (42.9)
Vesicular	2 (33.3)
Colloidal vesicular	0 (0)
Granular nodular	1 (16.7)
Nodular calcified	2 (33.3)
Intraventricular	1 (16.7)
Negative	8 (57.1)
Diagnosis based on Carpio's criteria	
Definitive parenchymal NCC	15 (51.7)
Probable parenchymal NCC	10 (34.5)
Definitive extraparenchymal NCC	3 (10.3)
Definitive parenchymal and extraparenchymal NCC	1 (3.4)
Diagosis based on Del Brutto's criteria	
Definitive	17 (58.6)
Probable	12 (41.4)

(42.9%, 6/14), including one case with an inactive calcified lesion, were positive.

Table 2 shows presenting symptoms, with epileptic seizures the most common clinical manifestation (65.5%, 19/29). Seizure types included general tonic-clonic seizures (68.4%, 13/19), simple partial seizures (10.5%, 2/19), and secondary generalized partial seizures (21.1%, 4/19). Two patients (6.9%) developed Bruns syndrome due to episodic obstructive hydrocephalous, with symptoms including severe headaches, vertigo, and vomiting, particularly after head movement. Two NCC cases underwent surgical resection after their lesions (colloidal vesicular cysts) were initially misdiagnosed as brain tumors (one misdiagnosed as a glioma and the other as a meningioma).

In terms of geographic origin, 24 cases (82.8%) were from Bali (Fig. 1A). Among the 24 Balinese cases, 23 were from non-endemic areas, including the city of Denpasar (10 cases), Buleleng District (5 cases), Gianyar District (5 cases), and Badung District (3 cases). One case was from the endemic district of Karangasem (Fig. 1B). The additional five cases were from outside of Bali and included 2 cases from East Nusa Tenggara Province and 3 cases from Timor-Leste (Fig. 1A).

4. Discussion

In this study, seizures were the most common clinical manifestations (65.5%, 19/29) that urged patients to seek professional medical care, followed by severe chronic headaches (17.2%, 5/29). Other serious complications included hemiparesis, with 3 NCC patients presenting with hemiparesis of over a 6-month duration. Symptoms in one of these patients was initially believed to be due to a stroke. However, it was determined that this patient had an NCC lesion pressing on the basal ganglia, thus mimicking stroke. Two Bruns syndrome cases were treated with ventriculo-peritoneal shunt placement (Torres-Corzo et al., 2006). Intraventricular NCC was commonly associated with hydrocephalus due to obstruction of cerebrospinal fluid drainage.

Both Carpio's diagnostic criteria (Carpio et al., 2016) and the newer classification scheme by Del Brutto et al. (2017) were used for the classification of NCC lesions in this study. Although the latter criteria have only been partially validated, the resulting categorization, using these two schemes, did not differ substantially (55% and 58% of NCC cases considered definitive by Carpio et al. (2016) and Del Brutto et al. (2017), respectively). A number of cases were considered probable versus definitive due to the absence of evidence indicating an active disease stage (i.e., the presence of an active parenchymal cyst with or without an invaginated scolex) or the absence of multiple lesion forms in various stages of evolution seen on neuroimaging. In addition, only two patients with parenchymal cysts had their NCC diagnosis confirmed by pathology.

Contrary to what was stated by Del Brutto et al. (2017), we found that the majority (93.1%, 27/29) of active NCC cyst stages were found in cortical areas, while only a few (6.9%, 2/29) were located in the cortical-subcortical junction or basal ganglia. No active cysts were located in the brainstem, but the two cases that developed Bruns syndrome had lesions in the cerebellum, causing non-communicating hydrocephalus. We also found two NCC cases with multiple subcutaneous nodules. One patient had multiple nodules on chest x-ray evaluation (Fig. 2A), while the other had multiple nodules in the thigh (Fig. 2B).

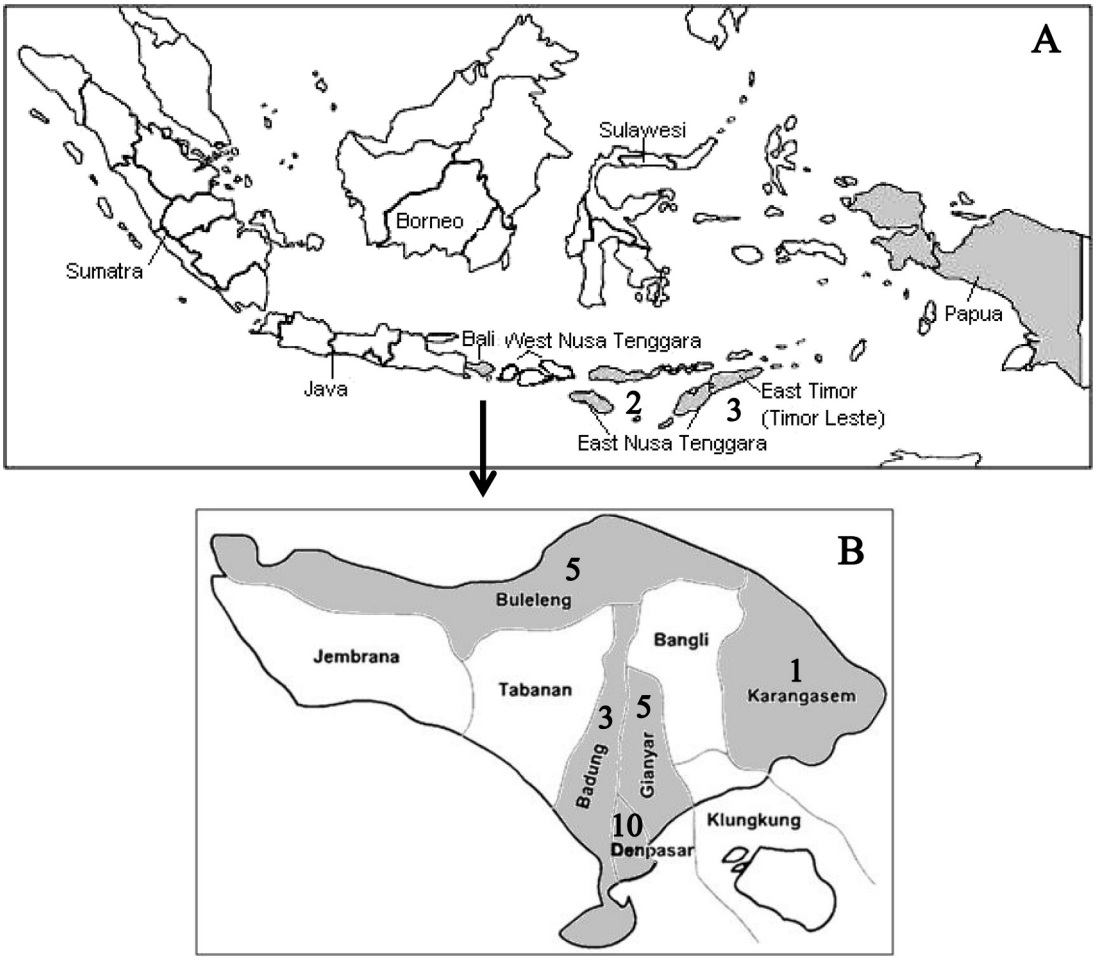

Fig. 1. Map of Indonesia, including East Timor (A) and Bali (B), showing the five districts where the NCC cases admitted to Sanglah Hospital in Denpasar originated. Fig. 1-B was derived from Wikimedia Commons (available at: https://commons.wikimedia.org/wiki/File:Indonesia_provinces_blank.png) licensed under Creative Commons Attribution-Share Alike 3.0.

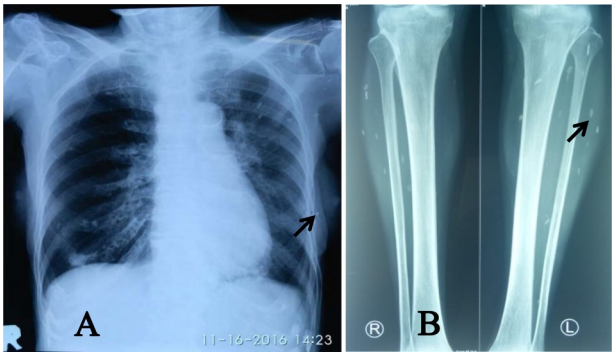

Fig. 2. Subcutaneous nodules identified on (A) chest x-ray (79-year-old female), and (B) in the left and right anterior thigh (61-year-old male).

Interestingly, both of these patients were categorized as having definitive NCC according to both the Carpio and Del Brutto classification schemes. Subcutaneous nodules may not be easily apparent on clinical examination, thus necessitating further screening (Sacchidanand et al., 2012). Unfortunately, one patient with nodules in the chest did not yield a positive serology result, while a subject with nodules in the thigh did not undergo serological evaluation due to the patient's refusal to consent to the collection of a blood sample.

CT scan was the most often utilized diagnostic imaging method in the current case series (55.2%, 16/29), although a number of cases (31.0%, 9/29) received head MRI, most commonly to investigate seizure activity suspected of being due to a structural lesion (Cendes et al., 2016; Palmeri et al., 2011). A CT scan followed by an MRI was occasionally performed for more challenging cases (13.8%, 4/29) (Fig. 3). Two patients with the colloidal vesicular stage were initially diagnosed as having brain tumors. A similar case was reported in Japan (Ito et al., 1999; Yanagida et al., 2010). In the Japanese case, the original serological evaluation did not indicate *T. solium* infection. However, serological evaluation using a different test showed a clear antibody response before surgery, with no detectable antibody response within one year after surgery (Ito et al., 1999). Serological detection of cysticercosis-specific antibody responses can be a valuable diagnostic tool (Del Brutto et al., 2017; Ito, 2002; Ito et al., 1998; Sato et al., 2006).

In the current case series, the majority of cases were male (69.0%, 20/29). This may be due to differences in the rate of autoinfection (Ito et al., 2019; Schantz and Kramer, 1995; Schantz et al., 1998) or differences in the amount of undercooked pork consumed by males and females. For example, *lawar* (a dish frequently made with uncooked pork) may be more often consumed by males during certain ceremonial events such as *mebat* (Margono, 1989; Sutisna et al., 2019). Based on a recent epidemiological survey in Bali, the *T. solium* life cycle has only been confirmed in the Kubu and Abang sub-districts of Karangasem (Ito et al., 2019; Sudewi et al., 2008; Sutisna et al., 2019; Swastika et al., 2012, 2016, 2017; Wandra et al., 2015, 2016). Due to the need to support their families during the dry season, members of this largely agricultural population often go to larger towns or cities to find work. As a result, it is suspected that tapeworm carriers from Karangasem may

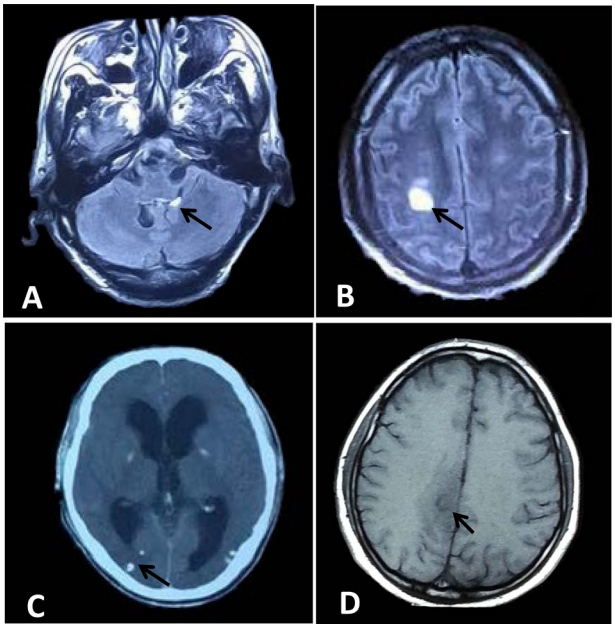

Fig. 3. Neuroimaging of a 38-year-old male demonstrating multiple pathological stages. (A) Axial T2WI MRI of infratentorial vesicular stage lesions. The cyst signaled on A appears to be colloidal. Two probable vesicular cysts also appear in this image: in the fourth ventricle lateral recess (right) and in the left peribulbar cistern. (B) Flair sequence MRI of a granular nodular stage lesion on the right centrum semiovale. The cyst appears to be vesicular-colloidal. (C) CT scan of calcified nodular stage lesions on both hemispheres. (D) T1WI MRI of a lesion with characteristics of both the colloidal and nodular/granular stage on the right centrum semiovale.

contaminate urban or semi-urban environments in other districts (Wandra et al., 2016). In support of this hypothesis, symptomatic NCC cases have been confirmed in nearby cities and towns, including Denpasar, Gianyar, Badung, and Buleleng.

Not all NCC patients in rural areas have access to medical treatment. In contrast, NCC cases in urban or semi-urban areas have greater access to hospital care. Prior to the current study, only a single ocular cysticercosis case was reported from Indera Hospital in Denpasar (Swastika et al., 2012). In addition, there was an NCC case report of a migrant from Karangasem confirmed in Gianyar in 2007. This individual initially presented with taeniasis, which was believed to have been due to *T. saginata* infection based on morphological identification of discharged gravid proglottids. The patient was subsequently treated with praziquantel. He was later diagnosed with NCC after having a seizure (Wandra et al., 2016).

NCC is associated with poverty and poor sanitation (WHO, 2014). For the last several decades, *T. solium* control programs have been implemented in Bali at the district level. These programs focus on improving biosecurity measures for pigs, including preventing access to human feces, as well as improving personal hygiene and environmental sanitation (Wandra et al., 2015; Ministry of Health Republic of Indonesia, 2014). These initiatives, along with an improved local economy, are likely responsible for a decrease in *T. solium* transmission in most areas of Bali (Ito et al., 2019; Sutisna et al., 2019), resulting in fewer cases of NCC. While there has been steady progress made in decreasing *T. solium* transmission, recent attempts to eradicate NCC have been made even more difficult by repeated eruptions of Mt. Agung since 2017. Because of the eruptions, people from the affected districts of Karangasem and Singaraja have needed to seek shelter in refugee centers or travel to other regions, including Denpasar to find housing and work. The eruptions also exacerbate existing difficulties with access to clean water in this region. It is a concern that migration of *T. solium* carriers may result in an increase in NCC cases in non-endemic areas, such as Denpasar.

Additional studies are needed to evaluate the extent of ongoing *T. solium* transmission in the district of Karangasem. More than 60% of NCC cases (62.1%, 18/29), in the current study, were confirmed to have multiple lesions. As NCC cases can be asymptomatic for many years (Ito et al., 1999; Yanagida et al., 2010), it is common for NCC cases to not have taeniasis at the time of diagnosis even if they were previously infected (Garcia et al., 2003; Ito et al., 2019; Lightowlers, 2010; Sarti et al., 1988, 1992; Schantz et al., 1998). *T. solium* tapeworm carriers with disseminated cysticercosis are at high risk for NCC along with their close family members. Previous studies have indicated that from 5% to 40% of disseminated cases have concurrent taeniasis (Garcia et al., 2003; Schantz and Kramer, 1995; Schantz et al., 1998).

Microscopy for detection of *Taenia* eggs (Swastika et al., 2017) followed by real time molecular differentiation of the infecting species (Nkouawa et al., 2010) has been recommended for screening of *T. solium* taeniasis carriers. At that same time, serologic screening for cysticercosis and NCC is also recommended (Swastika et al., 2016). An epidemiological survey conducted in Bali from 2011 until 2017 confirmed a total of 20 *T. solium* tapeworm carriers (19 from Karangasem) (Swastika et al., 2017). All carriers were seronegative for cysticercosis (Swastika et al., 2016). Additional studies are needed to determine if this population is somehow more resistant to acquiring cysticercosis.

The current study revealed 2 NCC cases from East Nusa Tenggara and 3 cases from Timor-Leste (Fig. 1). This is the second published record of NCC from East Nusa Tenggara (Sudewi et al., 2013) and the first record from Timor-Leste (Braae et al., 2018; Ito et al., 2004; Reeve, 2010). East Nusa Tenggara is considered a non-endemic area for *T. solium* cysticercosis (Sutisna et al., 2019) and there is a single study where a serologic survey was conducted in Timor-Leste (Reeve, 2010). Serum samples from Timor-Leste (345 samples from thee different areas), Papua New Guinea (191 samples from 4 different areas), and Papua (51 samples from Timika) were tested with both ELISA and immunoblot using purified antigens (Ito et al., 1998) and recombinant antigens (Sako et al., 2000). Overall seropositivity in Timor-Leste was 1.7% (6/345), with 2.1% (5/191) of samples positive from Papua New Guinea, and 2.0% (12/587) of samples positive from Timika, Papua. Additional studies are needed to better elaborate the situation in these areas (Ito et al., 2003, 2004; Wandra et al., 2003).

5. Conclusion and perspectives

Field surveys should be conducted in East Nusa Tenggara and Timor-Leste to determine if there is active *T. solium* transmission. Elimination of taeniasis and cysticercosis in Bali is an important goal, especially since the island has more than 5 million visitors annually. However, such an effort will require collaboration between multiple agencies and sectors, including the Indonesia Ministry of Health, provincial and district level health agencies, community health centers, the livestock sector, and tourism associations.

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Declaration of Competing Interest

Authors had no conflict of interest to declare.

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